

Study Guide for Kindergarteners: Media Masters Rock - How Full Is It

Overview: This study guide is designed to teach kindergarteners the concept of "How Full Is It?" from the video *Media Masters Rock - How Full Is It*. Kids will learn how to think about the content they see online and decide if it's HELPFUL, HURTFUL, or TRUTHFUL in a fun, interactive way.

Learning Objectives:

1. Understand what it means to think about "How Full Is It?"
2. Practice recognizing helpful, hurtful, and truthful content.
3. Learn to pause and make wise choices about what to share or say.

Step 1: Video Recap (5 minutes)

Ask the class:

1. What does "How Full Is It?" mean? (Answer: It's about deciding if something online is helpful, hurtful, or truthful.)
2. What should you do before you like, share, or comment on something online? (Answer: PAUSE and THINK!)

Simple Examples:

- If a post is kind, what is it? (Helpful!)
- If a post is mean, what is it? (Hurtful!)
- If a post has no evidence, what is it? (Not truthful!)

Step 2: Full or Not Full? Sorting Game (10 minutes)

Materials:

- Large cards with pictures or scenarios (e.g., a smiling sun, a mean comment, a silly but fake headline).

Activity:

1. Show one card at a time.
2. Ask the kids to decide if it's HELPFUL, HURTFUL, or NOT TRUTHFUL.
3. Have three buckets labeled "Helpful," "Hurtful," and "Not Truthful." Let kids place each card in the correct bucket.

Examples of cards:

- A post saying "You're awesome!" (Helpful)

- A post saying “You’re not smart!” (Hurtful)
- A post saying “Cats can fly to the moon!” (Not Truthful)
- A post saying “You are very smart.” (Helpful)
- A post saying “Birds love to swim in cheese.” (Not Truthful)
- A post saying “That boy is not very smart.” (Hurtful)
- A post saying “I know you are sick, I hope you get well soon.” (Helpful)
- A post saying “We found this lost puppy, do you know who it belongs to?” (Helpful)
- A post saying “Dogs can fly to the moon!” (Not Truthful)
- A post saying “Astronauts can fly to the sun.” (Not Truthful)

Step 3: Craft Time - Fill the Internet Jar (15 minutes)

Materials:

- A large paper jar drawn on a poster.
- Small “candies” (cutouts of colorful paper circles).
- Markers.

Activity:

1. Each child gets to write or draw something kind, helpful, or truthful on a candy.
2. They stick their candies onto the jar to “fill it up.”
3. Celebrate when the jar is full of helpful, kind, and truthful content!

Step 4: Fullness Dance Party (5 minutes)

Materials: Fun music.

Activity:

1. Teach the kids a simple chant:
 - “How FULL is it?
Is it HELPFUL?
Is it HURTFUL?
Is it TRUTHFUL?”
2. Play music and have them dance around while chanting.

Wrap-Up (5 minutes)

Review Key Points:

1. Always ask: Is it helpful, hurtful, or truthful?
2. If it’s hurtful or not truthful, don’t share it.

3. Media Masters make the internet a better place by THINKING FIRST!

End with a Cheer:

"Media Masters rock! We think first and make the internet great!"

This guide focuses on engaging kids with fun, memorable activities while teaching them to be thoughtful and kind online!

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