

Study Guide: Media Masters Rock! The AQBS Rule

Grade Level: 6th Grade

Subject Focus: Digital Literacy and Digital Citizenship

Objective:

Students will learn to follow the AQBS Rule (Ask Questions, Be Skeptical) to think critically about social media posts and their emotional responses to them.

Before Watching the Video

Discussion Starter:

1. Have you ever seen a social media post that made you feel really angry, sad, or excited? How did you react?
2. Why do you think it's important to think carefully before responding to something online?

Vocabulary:

- Media Master: Someone who acts responsibly and thoughtfully on the internet.
- AQBS Rule: A way to respond to social media posts by asking questions and being skeptical.
- Skeptical: Having doubts about something or questioning its truth.
- Evidence: Proof or information that supports whether something is true or false.

While Watching the Video

Key Points to Listen For:

- What does AQBS stand for?
- Examples of questions you should ask about your emotions and a social media post.
- Why it's important to wait before reacting to strong emotions.

After Watching the Video

Discussion Questions:

1. What does the AQBS Rule mean in your own words?
2. Can you think of a time when you felt a strong emotion because of something online? What would you do differently after learning about the AQBS Rule?
3. Why is it important to ask questions about the truth of a post before reacting to it?

Activity: Emotional Check-In

1. **Materials Needed:** Small sticky notes or index cards.
2. **Instructions:**
 - Write down one word describing how you feel when you see a social media post that makes you upset, happy, or excited.
 - In small groups, discuss why it's important to understand your emotions before responding.
 - Work as a group to create a list of questions to ask yourself before reacting to a post (e.g., Is it true? Why am I feeling this way?).

Extended Learning

Reflection Activity:

Write a short story about a character who follows the AQBS Rule after seeing a surprising post online. How do they stop, think, and make a wise choice? What happens as a result?

Creative Task:

Design a comic strip or digital poster showing someone using the AQBS Rule. Include the steps to "Ask Questions" and "Be Skeptical" in the story.

Home Connection:

Talk to a family member about a time they felt strongly about a post online. Share the AQBS Rule with them and discuss how it could help them in the future.

Wrap-Up

Media Master Pledge:

Work together as a class to create a pledge to use the AQBS Rule online. Include statements like:

- “I will ask questions about what I see online.”
- “I will be skeptical of posts that make me feel strong emotions.”
- “I will wait before reacting to social media posts.”

Teacher Note:

Encourage students to practice the AQBS Rule at home and share examples of when they used it in class. Reinforce the idea that thoughtful online behavior makes the internet safer and more enjoyable for everyone.

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