

Study Guide: Be a Media Master!

Topic: How Full Is It? Evaluating Social Media Posts

Grade Level: 3rd Grade

Introduction

This guide will help students learn to evaluate social media posts by asking three key questions:

- Is it truthful?
- Is it hurtful?
- Is it helpful?

Through discussions and activities, students will explore how to become responsible Media Masters by making thoughtful decisions online.

Key Vocabulary

- **Media Master:** A person who thinks carefully about their actions online and offline.
- **Helpful:** Making someone's life better or sharing something kind.
- **Hurtful:** Being mean or unkind to someone.
- **Truthful:** Based on facts and evidence.

Discussion Questions

1. What does it mean to ask, "How FULL is it?" about a social media post?
2. Why is it important to know if a post is truthful, hurtful, or helpful?
3. Can you think of an example of a helpful post you've seen or shared?
4. What should you do if a post is hurtful or not truthful?
5. Why is it important to pause and think before liking, sharing, or commenting on a post?

Activities

1. Sorting Social Media Posts

- **Materials:** Index cards with examples of social media posts (both helpful and hurtful, truthful and untruthful).
- **Action:**
 - Divide the class into small groups.
 - Give each group a set of cards.
 - Ask them to sort the cards into three piles: Helpful, Hurtful, and Not Truthful.

- **Discussion:**
 - Why did your group sort the cards this way?
 - How would you handle each type of post as a Media Master?

2. “How FULL Is It?” Chart

- **Materials:** Poster board, markers, sticky notes.
- **Action:**
 - Create a large chart with three columns: Helpful, Hurtful, Truthful.
 - Have students brainstorm examples of each type of post and write them on sticky notes.
 - Add the notes to the chart under the correct column.
- **Extension:** Discuss why some posts might fit into more than one category.

3. Role-Playing Scenarios

- **Materials:** Prewritten scenarios of online situations.
- **Action:**
 - Pair students and give each pair a scenario (e.g., someone shares a funny meme, someone posts something unkind about a friend).
 - Ask pairs to act out how a Media Master would respond.
- **Example Scenario:**
 - A friend posts a funny joke about someone else that might hurt their feelings.
 - Discuss: How could you handle this situation responsibly?

Extension Activity

Creative Drawing: The “FULL-O-METER”

- **Materials:** Paper, crayons or markers.
- **Action:**
 - Have students design their own “FULL-O-METER” to measure if a post is helpful, hurtful, or truthful.
 - Ask them to include labels and decorate it with superhero symbols, like stars or capes.
 - Share and explain their designs with the class.

Wrap-Up

- **Recap:**
 - Review the three questions to ask: Is it helpful? Is it hurtful? Is it truthful?
 - Remind students that Media Masters always pause and think before they post, like, or share.
- **Challenge:**

- Encourage students to use the “How FULL Is It?” rule at home and share one example of how they made a responsible choice online.

Teacher Note: Use these activities to emphasize empathy, responsibility, and critical thinking. Encourage students to reflect on how they can apply these skills to their daily online interactions.

This guide aims to make learning fun and relevant while empowering students to be responsible digital citizens!

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