

Study Guide for Second Graders: Media Masters Rock - AQBS Rule

Overview:

This study guide teaches second graders the AQBS Rule: Ask Questions, Be Skeptical. Kids will learn how to manage strong emotions and evaluate social media posts critically.

Learning Objectives:

1. Understand the AQBS Rule (Ask Questions, Be Skeptical).
2. Learn how to pause and think before reacting to emotions or posts online.
3. Practice identifying the truth and thinking critically about what they see.

Step 1: Video Recap (5 minutes)

Ask the class:

1. What does AQBS stand for?
(Answer: Ask Questions, Be Skeptical.)
2. What should you do if you feel a strong emotion after seeing a post?
(Answer: Pause, ask questions, and think before reacting.)
3. Why is it important to be skeptical about posts online?
(Answer: Some posts might not be true or might try to make us feel a certain way.)

Step 2: Emotion Detective Game (10 minutes)

Materials Needed:

- Large emoji cards (happy, sad, mad, surprised, confused).

Activity:

1. Hold up an emoji card and ask:
 - “How does this face feel?”
 - “What might make someone feel this way online?”
(e.g., A funny video might make someone happy, a mean post might make someone mad.)
2. Explain: “When we feel a strong emotion, it’s like a clue. We need to be emotion detectives!”

Practice Questions:

- Why do I feel this way?
- Do I need to act on this feeling?
- If I act, will it help or hurt someone?

Step 3: True or False? (10 minutes)

Materials Needed:

- Printed examples of “posts” (can be drawings or printed images with captions like “Dinosaurs still exist!” or “Eat chocolate to grow taller!”).

Activity:

1. Show each post to the class.
2. Ask:
 - “Is this true or false?”
 - “What questions can we ask to figure out if it’s true?”
(*Examples: Where did this come from? What’s the evidence?*)
3. Discuss how being skeptical can help us decide what’s true online.

Step 4: Pause & Think Role-Play (15 minutes)

Materials Needed:

- Scenario cards (e.g., “You see a post that says your favorite game is canceled!” or “Someone posted a funny picture of you without asking.”).

Activity:

1. Choose a volunteer to act out each scenario.
2. Pause the action and ask the class:
 - “What strong emotion might they be feeling?”
 - “What should they do first?”
(*Answer: Pause, ask questions, and be skeptical.*)
3. Let the volunteer “respond” in a thoughtful way using the AQBS Rule.

Step 5: AQBS Rule Posters (15 minutes)

Materials Needed:

- Poster paper, markers, crayons, stickers.

Activity:

1. Have each student design a poster with the AQBS Rule.
 - Include the words: “Ask Questions. Be Skeptical.”
 - Add drawings of a detective, question marks, or emojis showing emotions.
2. Display the posters in the classroom or let students take them home as reminders.

Step 6: The AQBS Song (Optional, 5 minutes)

Lyrics (sung to the tune of “Twinkle, Twinkle, Little Star”):

“Ask a question, take your time,
Think before you share online.”

Pause and think, don't rush ahead,
Be a Media Master instead.
Strong emotions? Wait, you'll see,
Ask and think, then you'll be free!"

Activity: Teach the song and sing it together to reinforce the lesson.

Wrap-Up (5 minutes)

Review Key Points:

1. AQBS means Ask Questions, Be Skeptical.
2. Pause and think when you feel a strong emotion.
3. It's okay to not respond to social media right away—or at all!

End with a Cheer:

"Media Masters rock! We ask questions, we're skeptical, and we think before we act!"

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