FINDING YOUR LIGHT BULB - WORKSHEET 2 - VICTORY TABLE

Every time you face a challenge, you need the confidence to KNOW that you can handle it.

If what you're facing is a very very big challenge, you need this confidence even more.

Reminding yourself that you've been here and done this before is super useful.

Lets build a VICTORY TABLE together. Each leg will be one successful difficulty you've overcome in your life. You need **AT LEAST FOUR** of these Victory Table "legs"... to support for all your future endeavors.

Every new challenge that you and I face deserves to be met with confidence... confidence that we've met challenges in the past and can face this NEW ONE with square-jawed courage and be victorious.

Let's get started building your VICTORY TABLE. I want those legs to be strong, steady, and firm. I'll start you off with some questions and suggestions, if you remember a great challenge (even if you were a kid) that you overcame in your past... write it down.

Let's do this.

Learning to ride a bike is VERY difficult for most kids. You're balancing and moving forward all at the same time. Okay... I'll start you off with some sample questions... then you can move into your own personal biography.

WORKSHEET QUESTION 2-1 Did you learn to ride a bike as a kid? *If yes...* remember what that FELT like... it was hard. Now it's NOTHING. Write that down... "learned to ride a bike".

WORKSHEET QUESTION 2-2 Have you ever hit the winning run in a little league baseball game? I have... this happened when I was 12 years old and it's a vivid, and powerful memory for me. It is a strong table leg for me.

WORKSHEET QUESTION 2-3 Have you ever learned a the "classic force" with a deck of cards? *I didn't learn it until I was 50 years old. Yeah... 50... yes... it WAS difficult to learn but now I can kill it.*

WORKSHEET QUESTION 2-3 Have you ever gotten straight "A's" in a subject that you were terrible at?

WORKSHEET QUESTION 2-4 Have you ever made over 100K performing your show in one year?

WORKSHEET QUESTION 2-5 Have you ever cashed a check for over 1K?

WORKSHEET QUESTION 2-6 Have you ever gotten a standing ovation?

WORKSHEET QUESTION 2-7 What other difficulties have you overcome? Write down all the difficulties you've overcome. Remember the memory vividly. If it conjures up strong emotions, even better.

###